

## STUDENT ATHLETE INFORMATION PACKAGE:

### INTRODUCTION:

Pictou Academy is a member school of the Nova Scotia School Athletic Federation and proudly provides the opportunity to Pictou Academy students to participate in a wide variety of sporting activities.

Each sport follows a specific season of play regulated by the N.S.S.A.F. The table below shows the sport and the general time of year that it is in season. We encourage all of our students to take advantage of the opportunities to participate in High School Sport. Listen to the daily school announcements; speak to the athletic director to learn more about a specific sport and how to join. Many will start up during the first week of school, so don't hesitate as a new student or Grade 9 student to become involved in your school from the onset! When you make the team it will be necessary to complete a [Student Athlete Registration Form](#). Best of luck, here's to a great year in sport!

Sport:	Approximate Time of the School Year:
Cross Country Running, Baseball, Girls Soccer, Boys Soccer, Golf.	September to November
Girls Basketball, , Boys Basketball, Boys Hockey, Girls Hockey, Badminton,	November to March
Track & Field, Girls Softball, Boys Softball,	February to June

### ELIGIBILITY REQUIREMENTS FOR PARTICIPATION:

The age limit for all athletics is under 19 as of September 30<sup>th</sup> of the current school year. The student athlete shall be eligible for three consecutive years beginning the first year of High School (grade 10).

### RESPONSIBILITIES AND EXPECTATIONS:

In order for any student athlete to be eligible to for participation they must remain in good standing both academically and socially. Failing more than one course and having two out of school suspensions will keep a player off a team. Any student athlete serving a school suspension will not be permitted to participate in any extra-curricular activity during the suspension from the moment of the infraction until the student athlete returns to school. The administration maintains the right to extend the suspension from the activity or to declare the student athlete ineligible to participate depending on the severity of the situation and the number of previous suspensions.

A student athlete is expected to attend all practices, games and meetings. Student athletes who have been selected as a member of a school team who do not make a commitment to the team for the duration of the program or schedule may be removed from the team. This could also result in that

athlete being ineligible for any other teams for the remainder of that school year. Coaches will clearly explain to you that a full commitment is required to participate on your team.

Student athletes are reminded all school rules apply at all school sponsored activities. This includes games, practices, tournaments etc. both at school and away from school. Student athletes must be present in school during the day to participate in an extracurricular activity after school unless an appropriate excuse has been provided.

Initiation or hazing rituals are not permitted and will lead to disciplinary action by the school administration and the athletic director.

Participation in sport is contingent on academic progress and behavior in and out of school. The athletic director and the administration will make final decisions as to academic probation, suspension or withdrawal from participation for each athlete according to these requirements.

#### **PARTICIPATION FEES FOR MEMBERSHIP ON TEAMS AND CLUBS:**

Each athlete will be required to pay a participation fee and maybe asked to provide a deposit cheque. The deposit cheque will be post dated and held in trust. Upon the return of all uniforms / equipment, the cheque will be returned to the athlete. If the equipment / uniform is not returned to the school within 14 days after the end of the playing season the deposit cheque will be cashed. The amount of the deposit will vary from team to team and is based on the cost to replace the equipment or uniform. The players who successfully make a school team will be notified by the team advisor and told the specific amount required for that team.

PARTICIPATION FEES MUST BE PAID PRIOR TO PARTICIPATION IN THE FIRST GAME OF THE YEAR. CHEQUES SHOULD BE MADE PAYABLE TO THE "PICTOU ACADEMY" AND TURNED INTO THE TEAMS HEAD COACH OR ADVISOR. FEES ARE NON-REFUNDABLE ONCE A STUDENT ATHLETE HAS DRESSED FOR ONE GAME. ALL SCHOOL PROPERTY (EQUIPMENT, UNIFORMS ETC) MUST BE TURNED IN TO THE HEAD COACH AS SOON AS THE SEASON ENDS. ANY SCHOOL PROPERTY RETURNED IN POOR CONDITION OR NOT RETURNED WILL RESULT IN THE CASHING OF EITHER PART OR THE FULL AMOUNT OF THE DEPOSIT CHEQUE. FAILURE TO RETURN OR PAY FOR THE PROPERTY WILL RESULT IN CONSEQUENCES ENFORCED BY THE SCHOOL ADMINISTRATION.

#### **TRANSPORTATION TO ATHLETIC / SCHOOL EVENTS:**

We have been fortunate at Pictou Academy to have many supportive parents and staff who volunteer to transport students in their personal vehicles. Staff, coaches and advisors are encouraged to use private vehicles for all evening and weekend games when possible. It is the responsibility of the school to arrange for transportation from school. Students are not permitted to transport themselves or other students from school or from home. They must be transported by parents who have completed the necessary **F form** to be covered under the School Board insurance plan. **If a parent choose to allow their child to drive themselves and /or others, written permission is required which will also void any School Board insurance coverage.** In the past coaches have asked for parent volunteers to assist with team transportation. Parents will usually car pool to and

from games taking turns driving student-athletes. Any staff or parent using their vehicles needs to complete form F each New Year and have it placed on file at the school. We greatly appreciate the support we have received over the years from parents and volunteers. Thank you.

**Student Athlete Registration Form:** (to be completed by an athlete for each sport the athlete participates in and is given along with the appropriate payment to the head coach of the team.)

If you have any questions please contact the School Athletic Director: Rick Cyr at; cyrrj@ccrsb.ca or 902-485-7203.

## **SCHOOL INSURANCE PLAN INFORMATION**

**Attention Parents and Student Athletes Re: Accident Insurance** -As you know, all students attending public school in Nova Scotia have free accident insurance coverage during school hours, school activities and travel to and from schools through the basic student accident plan. The optional Gold Plan is available for a Fee (ANNUALLY). The NSSAF has reviewed this plan and recommends it as additional protection for students who plan to participate in school sport. Student-athletes are generally at higher risk and the optional Gold Plan provides greater coverage. Please take the time to communicate the value of the Gold Plan and ensure that potential student-athletes receive the necessary information to allow them and their parents to consider the Gold Plan. For more information, please go to the following link: [www.sip.ca](http://www.sip.ca)

## **SCHOOL ATHLETIC AWARDS**

Annual Athletic Awards are awarded during Pictou Academy's Sports and Sprints Award Night. Sports awards included; MVP and MIP for sport teams and top male and female for individual sports. As well we also have male and female athlete of the year. NSSAF awards for exemplary male and female athletes are also recognized.